## Summer Experience Breakfast Menu June/July 2021



RECREATION AND PARKS DEPARTMENT

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	
13	14	15	16	17	18	19	
	Assorted Cereal (22-30) Variety Graham Crackers(18-21) 100% Juice (14-15) 1% White Milk (12)	Yogurt (15) Granola (15) 100% Juice (14-15) 1% White Milk (12)	Assorted Cereal (22-30) Variety Graham Crackers(18-21) 100% Juice (14-15) 1% White Milk (12)	Assorted Cereal (22-30) Variety Graham Crackers(18-21) 100% Juice (14-15) 1% White Milk (12)	Bagel (26) Cream Cheese (2-3) 100% Juice (14-15) 1% White Milk (12)		
20	21	22	23	24	25	26	
	Assorted Cereal (22-30) Variety Graham Crackers(18-21) 100% Juice (14-15) 1% White Milk (12)	Yogurt (15) Granola (15) 100% Juice (14-15) 1% White Milk (12)	Assorted Cereal (22-30) Variety Graham Crackers(18-21) 100% Juice (14-15) 1% White Milk (12)	Assorted Cereal (22-30) Variety Graham Crackers(18-21) 100% Juice (14-15) 1% White Milk (12)	Bagel (26) Cream Cheese (2-3) 100% Juice (14-15) 1% White Milk (12)		
27	28	29	30	1	2	3	
	Assorted Cereal (22-30) Variety Graham Crackers(18-21) 100% Juice (14-15) 1% White Milk (12)	Yogurt (15) Granola (15) 100% Juice (14-15) 1% White Milk (12)	Assorted Cereal (22-30) Variety Graham Crackers(18-21) 100% Juice (14-15) 1% White Milk (12)	Assorted Cereal (22-30) Variety Graham Crackers(18-21) 100% Juice (14-15) 1% White Milk (12)	Bagel (26) Cream Cheese (2-3) 100% Juice (14-15) 1% White Milk (12)		
4	5	6	7	8	9	10	
	Closed for Independence Day!  Happy 4th of July	Yogurt (15) Granola (15) 100% Juice (14-15) 1% White Milk (12)	Assorted Cereal (22-30) Variety Graham Crackers(18-21) 100% Juice (14-15) 1% White Milk (12)	Assorted Cereal (22-30) Variety Graham Crackers(18-21) 100% Juice (14-15) 1% White Milk (12)	Bagel (26) Cream Cheese (2-3) 100% Juice (14-15) 1% White Milk (12)		
	All meal components meet the USDA Summer Food Service Program requirements. No nut, seafood or pork products are offered. 1% white milk provided for breakfast. Grams of carbohydrates are listed in parentheses. Menu is subject to change. This institution is an equal opportunity provider. Rev 5/26/2021						

## Columbus Recreation and Parks

Mailing Address: 1111 E Broad St., Ste 103 Columbus, OH 43205 Physical Address: 263 Carpenter Street Columbus, Ohio 43205

PHONE: (614)645-3642 FAX: (614)645-8903

www.columbusrecparks.com



## **Summer Experience Breakfast Menu**

## July 2021



RECREATION AND PARKS DEPARTMENT

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
11	12	13	14	15	16	17
	Assorted Cereal (22-30)	Yogurt (15)	Assorted Cereal (22-30)	Assorted Cereal (22-30)	Bagel (26)	
	Variety Graham	Granola (15)	Variety Graham	Variety Graham	Cream Cheese (2-3)	
	Crackers(18-21)	100% Juice (14-15)	Crackers(18-21)	Crackers(18-21)	100% Juice (14-15)	
	100% Juice (14-15)	1% White Milk (12)	100% Juice (14-15)	100% Juice (14-15)	1% White Milk (12)	
	1% White Milk (12)		1% White Milk (12)	1% White Milk (12)		
18	19	20	21	22	23	24
	Assorted Cereal (22-30)	Yogurt (15)	Assorted Cereal (22-30)	Assorted Cereal (22-30)	Bagel (26)	
	Variety Graham	Granola (15)	Variety Graham	Variety Graham	Cream Cheese (2-3)	
	Crackers(18-21)	100% Juice (14-15)	Crackers(18-21)	Crackers(18-21)	100% Juice (14-15)	
	100% Juice (14-15)	1% White Milk (12)	100% Juice (14-15)	100% Juice (14-15)	1% White Milk (12)	
	1% White Milk (12)		1% White Milk (12)	1% White Milk (12)		

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